

And Then One Day.

And then one day it happened...

I woke up, and my world felt different.

There was no rush, no resistance; just calm.

My heart felt light, my mind clear, and I was at peace for the first time.

Peace with where I've been.

Peace with life's ups and downs.

Peaceful with my journey.

Not because everything is perfect, but because I now trust that my journey was right.

And that changes everything.

The End.

Written by Peter Skeels © 5-7-2025